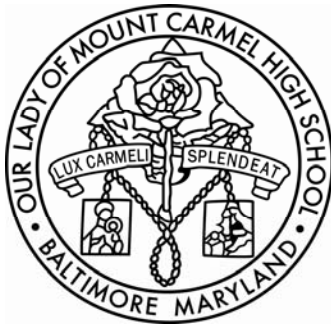


Be a Cougar for a day!

Shadow Day Visit

Our Lady of Mt. Carmel High School, located in Middle River, prides itself on being “A Quality Education on a Personal Level.” We invite you take a closer look at the school on any day that is convenient for you too see if a “Personal Level” is something you desire.



During your visit...

- Meet students, faculty, and administrators
- Experience first hand at what being a Cougar is really like.
- Spend the day with a Mt. Carmel freshman and follow in the their shadow.

What you need to know...

**CALL LAURA CUMMINS
410-238-1163
TO MAKE AN
APPOINTMENT
FOR YOUR DAY AT
MT. CARMEL!**

- Appointments available starting October 1st.
- Arrive at Mt. Carmel at 7:35 a.m.
- Wear your current school uniform unless otherwise notified.
- Your lunch will be provided.
- Dismissal is at 2:18 p.m.
- You may suggest a current freshman to be your guide for the day.