



OUR LADY OF MOUNT CARMEL SCHOOL ATHLETIC HANDBOOK

OUR LADY OF MOUNT CARMEL PHILOSOPHY OF ATHLETICS

The focus of the athletic program is to teach Catholic character to our student-athletes in a competitive environment. This competition prepares them for the life they will lead after they have left our fields and courts. Our goal is to teach our student-athletes to compete with a level of respect for their competition, the officials, the spectators and themselves

FORMS REQUIRED TO PARTICIPATE IN ATHLETICS

All student-athletes and parent(s)/guardian(s) are required to sign the Athletic Permission Slip stating they have read and agree to abide by the Our Lady of Mount Carmel athletic handbook. All student-athletes are required to have a current physical. All of these forms are to be handed in to the main office before the student-athlete can participate in any practices or games.

OUR LADY OF MOUNT CARMEL PARENT CODE OF CONDUCT

As a parent of an Our Lady of Mount Carmel athlete, I understand that the mission of Our Lady of Mount Carmel Athletics is to teach Catholic character to our student-athletes in a competitive environment. I commit to never let the intensity of athletic competition compromise my testimony as an individual or as a member of the Our Lady of Mount Carmel community. I believe that every child on the opposing team, the most and least skilled players on our team, the coaches, the referees, and other parents are all made in the image of God. All are deserving of being treated with dignity and respect, even on their worst days. As such, I will look for opportunities to support, not undermine, the God-given authority of the coaches and officials. I believe that while we do not compromise or apologize for our desire to win, our mindset as Our Lady of Mount Carmel parents is to use athletic competition as a way to encourage our students. I agree to refrain from using alcohol, drugs, tobacco, or profanity at any Our Lady of Mount Carmel athletic event. I agree to never publicly or personally confront an official or referee. I agree to never step on to the field of play because of an officiating decision. I will support all coaches and athletes playing for and against Our Lady of Mount Carmel and never root negatively.

OUR LADY OF MOUNT CARMEL PLAYER CODE OF CONDUCT

I understand that as an athlete of Our Lady of Mount Carmel, I understand the mission of Our Lady of Mount Carmel Athletics is to display Catholic character in a competitive environment, provide students opportunities to grow their character and to maximize the development of their God-given athletic potential - in that order. I agree as a student-athlete at Our Lady of Mount Carmel that my education is my first responsibility; therefore, I will strive to achieve academic excellence and remain academically eligible. I understand that I represent Our Lady of Mount Carmel. I will play hard and to the best of my abilities, but I will not intentionally harm an opposing player. I will respect my coaches, teammates, opponents, officials, and opposing fans at all times in accordance with Catholic Character. I will not use drugs, alcohol, tobacco, or profanity on or off of the field. I agree to be on time to all practices, games, or team events unless I personally inform my coach otherwise. I will not damage or deface property, buildings, or equipment of Our Lady of Mount Carmel or an opposing school. I will also take proper care of uniforms and equipment issued to me by Our Lady of Mount Carmel.

HOME GAME POLICY FOR MIDDLE SCHOOL STUDENTS

All middle school students are welcome to be at Our Lady of Mount Carmel home games, but must be accompanied by an adult to attend the game. Any middle school student who is at a varsity home game without a parent will be asked to call their parents to pick them up from school.

ABSENCE PROTOCOL

Students may not participate in athletics on the day of an absence (excused or unexcused) unless special permission has been granted by the US Principal or Athletic Director.

A student must be in school for the full day (5.5 hours) to be considered present. If an athlete will miss a practice or game, the coach should be contacted as soon as possible. Missing a practice or game could result in missing the next game. Head coaches have full authority to determine the consequence for missing a practice or game.

ABSENCES AND SCHOOL WORK

Student-athletes will sometimes be required to miss class. The student is responsible for making up all the missed work. Work assigned to the student prior to the absence is due on the day he/she returns to school. This includes long-term projects that are due on the day of the absence. Work assigned to the student after the absence is due one day after the work is received.

UNIFORMS

All Our Lady of Mount Carmel uniforms are to be returned by five school days after the end of the season. Any uniforms not returned by five school days after the end of the season will result in a late charge to be determined by the Athletic Director and reports cards/transcripts to be withheld. No student-athlete will be allowed to participate in another sport until previously issued uniforms are returned or payment is made.

STUDENT PARTICIPATION AT ATHLETIC EVENTS

All Our Lady of Mount Carmel students attending athletic events are expected to behave in accordance with the behavior outlined in the Our Lady of Mount Carmel student handbook. Any student who does not comply with the expected behavior can be asked to leave the athletic event. Also, only Our Lady of Mount Carmel students are allowed to sit in the Our Lady of Mount Carmel student section (on the stage) at home basketball games. All non Our Lady of Mount Carmel students will not be allowed to sit in the student section and will be asked to move to another section.

TRAVEL

- 1) Whenever possible the school is to provide transportation by bus, van or car to and from all athletic contests, unless otherwise stated in advance.
- 2) With respect to personally owned autos used to transport students to after school activities wherein an employee or volunteer will be transporting students, all child and youth protection provision must be followed. Also, the driver of the vehicle must have had a motor vehicle record screening within the last 5 years and cannot have more than 3 points on a Maryland license or the equivalent for an outside of license. Also the driver must understand that the auto insurance on the privately owned vehicle will be primary in the event of a motor vehicle accident. With respect to vehicles owned by the school then the driver, whether an employee or volunteer must also have all child and youth protection requirements met and also have a driving record check within the last 5 years with no more than three points. If the school is hiring a bus or outside transportation firm, the firm must be properly licenses and carry a minimum of \$5,000,000 in auto liability coverage.
- 3) In some cases, with the written permission of a parent/guardian, a student may have permission to drive. This permission must be authorized by a parent/guardian in writing and by a phone call. The written permission note is to be submitted to the Athletic Director or other appropriate school designee.
- 4) A driving student is not permitted to transport any other student unless the non-driving student's parent gives written and phone call permission as well and that the school has affirmed the student has the proper license classification to transport another minor.
- 4) If at the end of an athletic contest, an athlete requests to leave with a parent/guardian, he and the parent/guardian must inform the coach.
- 5) Any problems or concerns should be directed to the Athletic Director or other designed school representative.

TEAM SIZE & PLAYING TIME EXPECTATIONS

The Athletic Director and coach will make the final decision regarding the number of players per team in each season. In the event where it is necessary to make a second team, all parents will be informed in a timely manner. Student-athletes who make a team will not necessarily see equal playing time. Playing time is not guaranteed to any athlete.

For middle school and JV teams, the emphasis will be on skill development. The coach will attempt to play each player in every regular season game. In the playoffs, the coach will make playing time decisions based on skill level. Playing time depends on the skill and experience of the player and will be determined solely by the coach.

Varsity teams will consist of the best players, regardless of grade. At the varsity level, playing time is not guaranteed. Playing time depends on the skill and experience of the player and will be determined solely by the coach.

CONFLICT RESOLUTION

Parents may not approach a coach before, during, or after a practice or game to discuss a concern. Rather, they should wait until the next business day and email the coach to express their concern. The coach will either address the concern via email or will schedule a time to discuss the matter further with the parent. If no resolution is reached after this exchange, the athlete/parent/guardian can request a meeting with the Athletic Director and coach.

PRACTICE & GAME SCHEDULE

All practices and games are posted on our athletic calendar. The calendar can be found at: <https://www.olmcmd.org/student-life/athletics>

Parents are expected to check the athletic calendar for changes. If there is a weather related change, an email will be sent to affected teams, all parents/guardians will be sent an email within a week of practice starting to ensure the athletic office has the best email to reach parents. If an email is not received, the parent(s) should contact the athletic office.

ATHLETIC BANQUET

All student-athletes are required to attend the year end athletic banquet. An email will be sent in spring with the information and registration for the banquet.

CONTACT INFORMATION

Phone: 410-238-1163

Email: Jesse Thomas (athletic director) jthomas@olmcmd.org

Mike Naunton (assistant athletic director) mnaunton@olmcmd.org

Courtney Bridget (assistant athletic director) cbridget@olmcmd.org

Athletic Schedules: <https://www.olmcmd.org/student-life/athletics>

Facebook: <https://www.facebook.com/olmcmdathletics/>

Instagram: https://www.instagram.com/olmc_athletics/

OLMC SPORTS OFFERED

Fall Sports- middle school boy's & girl's soccer, middle school volleyball, middle school flag football, varsity men's & women's soccer, varsity volleyball, varsity football

Winter Sports- middle school boy's and girl's basketball, middle school wrestling, middle school cheerleading, men's and women's basketball, varsity wrestling, varsity cheerleading

Spring Sports- middle school boy's and girl's lacrosse, middle school baseball, middle school softball, men's and women's lacrosse, varsity baseball, varsity softball, varsity track and field