

OUR LADY OF
MOUNT CARMEL SCHOOL

COUGAR BASKETBALL CAMP

SUMMER 2021

SESSION I JUNE 28-JULY 2
SESSION II JUL 5-JULY 9

OPEN TO BOYS & GIRLS
AGES 6 - 16
\$150 PER CHILD



DIRECTIONS

- Take 695 east to Route 702
- Continue on Route 702 to Old Eastern Avenue (first light) and turn left.
- Mount Carmel is located on the left approximately 6/10 of a mile from the intersection of Old Eastern Avenue and Route 702.

MAIL REGISTRATION & DEPOSIT TO:
OUR LADY OF MT. CARMEL HIGH SCHOOL
ATTN: MEN'S BASKETBALL COACH
1706 OLD EASTERN AVE
BALTIMORE, MD 21221-2203



These materials are neither sponsored by nor endorsed by the Board of Education of Baltimore County, the Superintendent, or this school or office.



CAMP PHILOSOPHY

For years the Cougar Basketball Camp has been committed to providing the environment, organization, and opportunity for boys and girls, ages 6-16, to learn, develop and improve their fundamental basketball skills through a week of competition and instruction within their appropriate skill level or age group.

CAMP DIRECTORS

Coach Trevor Quinn Recently completed his 3rd season as the Head Coach of MIAA A conference and Baltimore Catholic league member Mount Carmel. Previously, he spent 12 seasons at the Division one college level.

Coach Patty Medina is a teacher and coach at OLMC. Directs a non-profit "hoopers mentality." And has coached numerous years on the collegiate level.

CAMP DATES

Session I - June 28-July 2 2021
Session II - July 5-9 2021

ELIGIBLE CAMPERS

- Boys & Girls
- Ages 6 - 16

CAMP COST

\$150 per session
Optional extended care from 7:30-9:00 am & 4:00—5:30 pm is an additional \$30 per session

TYPICAL DAY OF CAMP

- 8:30 Drop Off
- 9:00 Camp Intro and Stretch
- 9:30 Fundamental Stations
- 10:45 Games
- 11:45 Lunch
- 12:45 Lecture or demonstration
- 1:00 Afternoon stations
- 2:00 Contest of the day
- 2:45 Afternoon Games
- 3:45 Closing remarks
- 4:00 Pick Up

*Early drop off and late pickup available for additional charge
*Camp ends at Noon on Fridays

CAMPERS WILL RECEIVE

- Individualized instruction from Camp staff
- Equal playing time per game
- Mount Carmel Basketball T-Shirt

CAMPERS SHOULD BRING

- Lunch, Drink, Athletic Shoes, Shirt, Shorts, Socks
- Water must also be brought

DISCOUNTS ARE AVAILABLE

- \$10 off each camper (Sibling Discount/Refer a friend discount)
- \$10 off each week (Attend multiple weeks)

FOR MORE INFORMATION:

- Contact: Coach Trevor Quinn
- Email: tquinn@olmcmd.org
- Contact: Patty Medina
- Email: pmedina@olmcmd.org

I hereby acknowledge that my son/daughter will take part in sports camp. I understand that athletics involves physical contact and the proper use of equipment and/or facilities, and the teaching and use of proper techniques does not prevent the possibility of physical injury to participants. I also give my consent for medical care prescribed by a duly licensed doctor of medicine, or other medical facility or provider, for my child in the event of injury or illness during the course of sports camp. This medical care may be given under whatever conditions may exist to preserve the life, limb, or well-being of my child. Acknowledging the above, I state my child has my permission to play at sports camp and to engage in activities related to sports. I also absolve Mt. Carmel Schools; it's employees, coaches and counselors from liability for any injuries sustained by my student as a result of participation, unless the injury is caused by gross negligence.

Parent signature: _____

Child Name: _____ Age: ____ Gender ____

Email: _____ phone: _____

Attending

Session 1: ____ Aftercare: ____

Session 2: ____ Aftercare: ____

Discount if applicable:

Refer a friend: _____

Sibling: _____

Tshirt Size: _____

Return with deposit:

Our Lady of Mount Carmel

C/O basketball camp

1706 old eastern ave

Baltimore, Md 21221-2203